

# Dubia Roach Care Sheet

**Distribution:**

Argentina, French Guiana, Brazil

**Description:**

*Blaptica dubia* a.k.a dubia roaches are a non climbing non flying roach species. They cannot climb plastic or glass. Dubia roaches are sexually dimorphic, that is to say that the adult females look completely different from the adult males. Females do not have wings, but have little tiny wing stubs. Males have wings and can flutter fall to the ground at an angle. The males can also hop a few inches, but cannot really fly.

**Size:**

1/8th inch when born, females can reach up to 2.83 inches males reach 2-2.5 inches

**Lifespan:**

16 - 24 months *males lives are shorter than females*

**Care Difficulty Level:**

easy/moderate

**Caging:**

Dubia cannot climb glass or smooth plastic. I like to house all of my roaches in rubbermaid or sterlite containers with holes cut into the top and a screen vent in it. Some opaque sterlites and some of the rubbermaids are textured, which can be difficult to see if you are not looking for it. The baby dubia can climb the textured bins, but the larger nymphs and the adults are too heavy to. If you have a problem with them climbing the textured bins, use vaseline as a roach barrier.

**Substrate:**

I use egg crates positioned vertically for additional floor/living space. If you have to lay them flat, I recommend you put paper towel rolls between the layers.

**Required Temperatures:**

82-95 degrees

**Humidity:**

40%-50% You can keep a spray bottle handy to help keep humidity up in drier areas. Dubia needs some humidity to shed properly. Water crystals and fresh produce help keep your roaches hydrated.

**Food Requirements:**

Like most roaches, dubia are decomposers, feeding on ripe fruit and other plant materials, and probably the occasional animal material in the wild. I keep my home made dry roach food available to them at all times as part of daily care. When feeding any fresh fruits or vegetables, do not put in more than they can eat in a 24-36 hour period to avoid problems caused by rotten food. I also provide water gel to my dubia roaches as a water source at all times.

**Maintenance:**

Keep food and water available at all times and clean out the waste as needed. I do not allow the waste to get any deeper than an inch. The baby dubia will burrow into the waste and should be removed prior to disposing of the waste. I also leave some in as the baby dubia seem to do better when they can feed on their parents' waste.

**Breeding Notes:**

Dubia can have 25-35 babies per month when kept under proper conditions. Dubia takes 5 months or so to reach adulthood and can live for a total of 16-24 months- Females normally live longer than males.



Adult Female



Adult Male